

## Proceedings of the Estonian Academy of Sciences, 2023, **72**, 3, 195

https://doi.org/10.3176/proc.2023.3.18 Available online at www.eap.ee/proceedings **EDITORIAL** 

## **Foreword**

Dear academic community,

It is my great pleasure to present to you Special Issue 3, Volume 72, 2023 of the *Proceedings of the Estonian Academy of Sciences*. On behalf of the Scientific Committee and the Editorial Board, I extend my gratitude to all the authors who have contributed articles to this special issue. I am grateful for your efforts and dedication in celebrating our academic accomplishments in health sciences, organizing the international and interdisciplinary conference 'Empowerment of Public Health, Health Care and Wellbeing – Education, Research, and Practice'.

The international conference with a parallel session was concise and educational. Behind the high-quality healthcare service is a competent multidisciplinary and multicultural team focused on influencing patients' health behaviour and improving health outcomes by providing high-quality healthcare services at all levels of patients' treatment journey. Thus, in our special publication, you will find the results of the research conducted by various healthcare specialists. I believe that this publication will be novel, interesting, and motivating for further research.

As the team leader of this special issue, I encourage all healthcare professionals to advance their profession by writing and publishing articles that add to the evidence base providing the needed support to all researchers within healthcare. Being a nurse, and being proud to be a nurse, I encourage all nurses to continue publishing knowledge through articles that help other nurses better understand the importance of continuous learning and developing in the nursing profession by proactive care coordination.

Jekaterina Šteinmiller RN, PhD Tallinn Health Care College